

### **Fitness Centers with Pools**

#### **EōS Fitness**

7000 E Mayo Blvd. Bldg. 13, Phoenix, AZ 85054 (Scottsdale Rd & 101) eosfitness.com/location/phoenix-scottsdale-rd-101

<u>14843 N Northsight Blvd, Scottsdale, AZ 85260</u> (Northsight & Raintree) eosfitness.com/location/north-scottsdale

Amenities Offered	Hours of Operation	Cost	Distance from Desert Camp
<ul> <li>Cardio equipment</li> <li>Resistance and machine area</li> <li>Free weights</li> <li>Group fitness classes</li> <li>Lap pool (Mayo location only, not available at Northsight location)</li> </ul>	Open 24 hours	Memberships range from \$9.99 for basic to \$26.99 for premium. Month to month basis, able to cancel at any time.	Scottsdale Rd & 101: 4.3 miles   9 minute drive  Northsight & Raintree: 5.4 miles   10 minute drive

### City of Scottsdale McDowell Mountain Ranch Aquatic and Fitness Center

<u>15525 N. Thompson Peak Pkwy. Scottsdale, AZ 85260</u> scottsdaleaz.gov/sports/aquatics/mcdowell-mountain-ranch-pool

Amenities Offered	Hours of Operation	Cost	Distance from Desert Camp
<ul> <li>13-lane, 25-yard lap pool.         Pool is heated during the winter.         Fitness center         Water Exercise classes for an additional fee     </li> </ul>	<ul> <li>Monday-Friday:</li> <li>Lap swim: 6 a.m. to 1 p.m.   6 to 8 p.m.</li> <li>Fitness center: 6 a.m. to 8 p.m.</li> <li>Saturday:</li> <li>Lap swim and fitness center: 8 a.m. to 2 p.m.</li> <li>Sunday: closed</li> </ul>	\$4 drop-in fee, which includes use of the fitness center and pool for lap swimming. Passes may be purchased: \$40 for 10 visits, \$96 for 30 visits.	5.4 miles   10 minute drive



### **SilverSneakers**

SilverSneakers is a fitness and wellness program offered at no additional cost to seniors 65+ on eligible Medicare plans. The program is designed for all levels and abilities and provides access to online and in-person classes, over 15,000 fitness locations, and health & wellness discounts. To check eligibility, visit silversneakers.com.

#### Included with a SilverSneakers membership:

- Specially designed exercise classes for all fitness levels online and in-person
- Community classes in the area offered in-person and online
- 15,000+ fitness and community locations nationwide

#### Fitness centers on this list that partner with SilverSneakers:

- EOS Fitness
- YMCA
- Mountainside Fitness

- Anytime Fitness
- Scottsdale Community College Fitness Center

## **Location with Pool and Pickleball Courts**

#### Valley of the Sun JCC: Community Center

12701 N Scottsdale Rd, Scottsdale, AZ 85254 vosjcc.org

Amenities Offered	Hours of Operation	Cost	Distance from Desert Camp
<ul> <li>Cardio equipment</li> <li>Resistance and machine area</li> <li>Free weights</li> <li>Group fitness classes</li> <li>Lap pool</li> <li>Pickleball courts (indoor/outdoor)</li> </ul>	Monday-Thursday: 5 a.m. to 10 p.m. Friday: 5 a.m. to 6 p.m. Saturday-Sunday: 7 a.m. to 6 p.m.	30-day trial membership (limited time offer).  Membership vary, but range from \$107 monthly for an adult, \$149 monthly for a couple or \$180 monthly for a family.	9 miles   12 minute drive



## **Fitness Centers with Pickleball Courts**

#### DC Ranch Village Health Club & Spa

Club: <u>18501 N Thompson Pkwy. Scottsdale</u>, AZ 85255 Tennis & Pickleball Center: <u>9800 E. Horseshoe Canyon Dr. Scottsdale</u>, AZ 85255 villageclubs.com/membership-village-health-clubs/view-all-locations/dc-ranch

Amenities Offered	Hours of Operation	Cost	Distance from Desert Camp
<ul> <li>Indoor pickleball courts</li> <li>12 outdoor pickleball courts</li> <li>10 tennis courts</li> <li>Lap pool</li> <li>Group fitness classes</li> </ul>	<ul> <li>Club:</li> <li>Monday-Thursday: 5 a.m. to 9 p.m.</li> <li>Friday: 5 a.m. to 8 p.m.</li> <li>Saturday-Sunday: 6 a.m. to 7 p.m.</li> </ul> Tennis and Pickleball: 7 a.m. to 10 p.m.	Discounted enrollment fee for new members who are DC Ranch residents. Must join by Dec. 31, 2023.	0.4 miles   2 minute drive
<ul><li>Cardio equipment</li><li>Free weights &amp; weight machines</li></ul>	<ul> <li>Indoor Pickleball Open Play (Intermediate-Advanced Level):</li> <li>Monday, Wednesday, &amp; Friday   11 a.m. to 1 p.m.</li> <li>Tuesday   11 a.m. to 1 p.m.</li> <li>Thursday 11 a.m. to 1 p.m. &amp; 6 to 8 p.m.</li> </ul>		

#### **YMCA**

<u>6869 E Shea Blvd. Scottsdale, AZ 85254</u> valleyymca.org/scottsdale-paradise-valley

Amenities Offered	Hours of Operation	Cost	Distance from Desert Camp
<ul> <li>Cardio equipment</li> <li>Resistance &amp; machine area</li> <li>Free weights</li> <li>Group fitness classes</li> <li>Pickleball courts</li> </ul>	Monday-Friday: 5:30 a.m. to 8 p.m. Saturday-Sunday: 8 a.m. to 2 p.m.	\$50 initial fee. Membership pricing goes by age group which can range from \$37/month for teens to family memberships for \$110/month. This includes use of all amenities and ability to use any YMCA in the Valley.	9 miles   15 minute drive



## **Fitness Centers**

#### **Maximum Fitness**

8551 E Anderson Dr, Scottsdale AZ 85255 maxfitgym.com

Amenities Offered	Hours of Operation	Cost	Distance from Desert Camp
Cardio equipment	Monday-Thursday: 4:30 a.m. to 9 p.m.	3-day trial period; show community	2.5 miles   6 minute drive
Resistance & machine area	Friday: 4:30 a.m. to 8 p.m.	center key fob as proof of DC Ranch	
<ul> <li>Free weights</li> </ul>	Sunday: 6 a.m. to 6 p.m.	residency.	
<ul> <li>Extreme training amenities</li> </ul>			
_		After trial: \$49.95/month.	

#### **Mountainside Fitness**

<u>9375 E Bell Rd. Scottsdale AZ, 85260</u> <u>mountainsidefitness.com/locations/ice-den-north-scottsdale</u>

Amenities Offered	Hours of Operation	Cost	Distance from Desert Camp
<ul> <li>Cardio equipment</li> <li>Free weights &amp; weight machines</li> <li>Group fitness classes</li> </ul>	Monday-Thursday: 4:30 a.m. to 11 p.m. Friday: 4:30 a.m. to 9 p.m. Saturday-Sunday: 6 a.m. to 9 p.m.	\$48/month to month. Can cancel anytime. Or \$39.95 for a 12-month contract.	3.1 miles   6 minute drive



#### **Glory Gains Gym**

9171 E Bell Rd. Ste 102 Scottsdale, AZ 85260 glorygainsgym.com

Amenities Offered	Hours of Operation	Cost	Distance from Desert Camp
<ul> <li>Cardio equipment</li> <li>Free weights &amp; weight machines</li> <li>Individual/group training</li> </ul>	Monday-Friday: 5 am. to 7 p.m. Saturday-Sunday: 7 a.m. to Noon	\$175/month for regular membership. \$40/month for personal trainer membership - must buy personal training package to go with it.	3.2 miles   7 minute drive

### **Anytime Fitness**

7679 E Pinnacle Peak Rd, Scottsdale, AZ 85255 anytimefitness.com/gyms/3937/scottsdale-az-85255

Amenities Offered	Hours of Operation	Cost	Distance from Desert Camp
<ul> <li>Cardio equipment</li> <li>Strength/free weights</li> <li>Functional training</li> <li>Training &amp; coaching services</li> </ul>	Open 24 hours	Promotion from Oct. 2-Nov. 30: \$1 initial fee. 1-day trial. \$82.95/month (6-month membership). \$64.95/month (12-month membership). 15% off for all military, veterans, & first responders.	3.3 miles   7 minute drive

### **Scottsdale Community College Fitness Center**

9000 E. Chaparral Rd. Scottsdale, AZ 85256 scottsdalecc.edu/fitness-center

Amenities Offered	Hours of Operation	Cost	Distance from Desert Camp
<ul> <li>Cardio equipment</li> <li>Free weights &amp; weight machines</li> <li>Individual/group training</li> <li>Group fitness classes</li> </ul>	Monday-Thursday: 6 a.m. to 8 p.m. Friday: 6 a.m. to 7 p.m. Saturday: 7 a.m. to 3 p.m. Sunday: 10 a.m. to 2 p.m.	\$89 for 4 months. \$239 for 12 months. Accepts Medicare health plans.	12 miles   15 minute drive



## **Pickleball Courts**

#### **Thompson Peak Park**

20199 N 78th Pl, Scottsdale, AZ 85255 scottsdaleaz.gov/parks/thompson-peak-park

Amenities Offered	Hours of Operation	Cost	Distance from Desert Camp
3 lighted outdoor pickleball	Daily: 7 a.m. to 10:30 p.m.	No cost, first come basis.	1.7 miles   4 minute drive
courts		Mornings are busiest.	

#### **Horizon Park**

<u>15444 N 100th St. Scottsdale, AZ 85260</u> scottsdaleaz.gov/parks/horizon-park

Amenities Offered	Hours of Operation	Cost	Distance from Desert Camp
10 lighted outdoor pickleball	Daily: 7 a.m. to 10:30 p.m.	No cost, first come basis.	4.5 miles   10 minute drive
courts		Mornings are busiest.	

#### **Cholla Park**

<u>11320 E Via Linda, Scottsdale, AZ 85259</u> <u>scottsdaleaz.gov/parks/cholla-park</u>

Amenities Offered	Hours of Operation	Cost	Distance from Desert Camp
8 lighted outdoor pickleball	Daily: 7 a.m. to 10:30 p.m.	No cost, first come basis.	7.9 miles   14 minute drive
courts		Mornings are busiest.	



#### Victorium

9219 E Hidden Spur Trail Scottsdale, AZ 85255 victorium.com | dinkallday.com/schedule

Amenities Offered	Hours of Operation	Cost	Distance from Desert Camp
Indoor pickleball courts	Monday-Sunday: 8 a.m. to 1 p.m.	There is no membership fee. Anyone can register for a clinic, bootcamp, class, drill, league, etc. It is highly recommended to subscribe to their newsletter. Most of the programs fill to capacity soon after the schedule is published in the newsletter.	2.4 miles   7 minute drive

### **Pickleball & Tennis Courts**

## **Scottsdale Community College Pickleball/Tennis Courts**

9000 E. Chaparral Rd. Scottsdale, AZ 85256 scottsdalecc.edu/fitness-center/pickleball-and-tennis-courts

Amenities Offered	Hours of Operation	Cost	Distance from Desert Camp
6 pickleball courts	Monday-Saturday: 6 a.m. to 8 p.m.	No cost, separate from the fitness	12 miles   15 minute drive
2 tennis courts		club. First come basis.	



## **Neighborhood Tennis Courts**

Neighborhood courts are first come, first serve. If courts are full and another person is waiting, time limit is 1 hour per court. All courts are open sunrise until 10:30 p.m. Courts are illuminated after sundown. Commercial use is not permitted. For more information, visit <a href="mailto:scottsdaleaz.gov/sports/tennis">scottsdaleaz.gov/sports/tennis</a>.

### **Grayhawk Park**

20726 N 76th St. Scottsdale, AZ 85255 scottsdaleaz.gov/parks/grayhawk-park

Amenities Offered	Hours of Operation	Cost	Distance from Desert Camp
2 lighted tennis courts	Daily: Sunrise to 10:30 p.m.	No cost, first come basis.	2.3 miles   6 minute drive
		Mornings are busiest.	

#### **Thunderbird Park**

9170 E Thunderbird Rd. Scottsdale, AZ 85260 scottsdaleaz.gov/parks/thunderbird-park

Amenities Offered	Hours of Operation	Cost	Distance from Desert Camp
<ul> <li>2 lighted tennis courts</li> </ul>	Daily: Sunrise to 10:30 p.m.	No cost, first come basis.	4.9 miles   10 minute drive
		Mornings are busiest.	

#### **Aztec Park**

<u>13636 N 100th St. Scottsdale, AZ 85260</u> <u>scottsdaleaz.gov/parks/aztec-park</u>

Amenities Offered	Hours of Operation	Cost	Distance from Desert Camp
2 lighted tennis courts	Daily: Sunrise to 10:30 p.m.	No cost, first come basis. Mornings are busiest.	5.5 miles   11 minute drive



## **Tennis Centers**

#### **Scottsdale Ranch Park & Tennis Center**

<u>10400 E via Linda Scottsdale, AZ 85258</u> <u>scottsdaleaz.gov/parks/scottsdale-ranch-park</u>

Amenities Offered	Hours of Operation	Cost	Distance from Desert Camp
18 lighted tennis courts	Hours vary based on the season. Check the website for current information.	\$3 per person from open to 5:30 p.m.	9.8 miles   14 minute drive
	Fall Hours (Labor Day to Sunday after Thanksgiving)	\$5 per person from 5:30 to 9 p.m.	
	<ul><li>Monday to Friday: 7:30 a.m. to 9 p.m.</li><li>Saturday &amp; Sunday: 7:30 a.m. to 7 p.m.</li></ul>		

#### **Indian School Park & Tennis Center**

4289 N. Haydon Rd Scottsdale, AZ 85251 scottsdaleaz.gov/parks/indian-school-park

Amenities Offered	Hours of Operation	Cost	Distance from Desert Camp
13 lighted tennis courts	Hours vary based on the season. Check the website for current information.	\$3 per person from open to 5:30 p.m.	14 miles   17 minute drive
	Fall Hours (Labor Day to Sunday after Thanksgiving)	\$5 per person from 5:30 to close.	
	<ul> <li>Monday to Friday: 7:30 a.m. to 9 p.m.</li> <li>Saturday &amp; Sunday: 7:30 a.m. to 7 p.m.</li> </ul>		